

Kinetics, isotherm and thermodynamics of sterol adsorption on styrene-divinylbenzene anion-exchange resins

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ABSTRACT: Phytosterols can be recovered from natural resources using molecular distillation, cold crystallization, which require large energy consumption. Adsorption was considered as a feasible alternative method. In this study, kinetics, isotherm and thermodynamics of stigmasterol adsorption on styrene-divinylbenzene with two different functional groups, strong base (SB-R) and weak base (WB-R), were investigated using a model solution of stigmasterol in *n*-heptane. Isothermal adsorption experiments were performed in temperature range of 298–313 K and concentration range of 0.3–6.0 mg/g_{sol}. For both SB-R and WB-R cases, kinetics of adsorption was analysed based on pseudo-first-order and pseudo-second-order models and the results revealed that pseudo-second-order model agreed with the experimental data much better than pseudo-first-order model. Analysis of isotherm data based on Langmuir, Freundlich and linear models showed that Freundlich was the best model that could predict behaviour of sterol adsorption for both SB-R and WB-R cases. In addition, thermodynamics parameters (ΔG , ΔH and ΔS) indicated that the sterol adsorptions on these adsorbents were spontaneous, exothermic and favourable at low temperature.

KEYWORDS: adsorbent, ion-exchange resin, phytosterols, separation

INTRODUCTION

Deodorizer distillate (DD) is a major byproduct from vegetable oil refinery. It consists of free fatty acids (FFA), monoglycerides, diglycerides, triglycerides (TG) and small amount of some bioactive compounds¹. The amount of FFA in DD ranges from 25–82.5 wt% depending on type of vegetable oil, refining method and condition². In South East Asian, palm oil production scale has dramatically increased and about 3 million tons of palm fatty acid distillate (PFAD) was annually generated in 2014–2016^{3,4}. To make overall process more economical reasonable, PFAD could be considered as a resource of phytonutrients such as tocopherols, squalene and sterols².

Sterols have been widely used in food, cos-

metics and pharmaceutical industries due to their beneficial bioactivities⁵. As summarized in previous review⁵, two approaches have been mainly used to recover sterols from DD in industry. In one approach, FFA in DD was saponified and the resulted soap was removed from the obtained mixture by simple solid-liquid separation. In the last step, either vacuum distillation or cold crystallization was applied to separate sterols from the unsaponifiable liquid mixture^{6–8}. In another approach, FFA and glycerides in DD were transformed to fatty acid alkyl esters (FAAE) via esterification and transesterification^{9–11}. After the reactions, multi-step of vacuum distillation or molecular distillation was applied to remove large fraction of FAAE. Cold crystallization was applied as the last step of sterol

Table 1 Properties of adsorbents

Properties	SB-R	WB-R
Commercial name	Lewatit Monoplus MP 800	Lewatit Monoplus MP 68
Type	Strong base macroporous	Weak base macroporous
Functional group	Quaternary amine, type I	Tertiary/quaternary amine
Matrix structure	Crosslinked polystyrene	Crosslinked polystyrene
Bead size (mm)	0.65 (\pm 0.05)	0.54 (\pm 0.05)
Total exchange capacity (min.eq/l)	0.8	1.3
Operating pH range	0–12	0 - 7
Operating temperature (max. °C)	70	70

isolation. Moreira and Baltanás¹⁰ focused on cold crystallization in recovery of sterols from sunflower oil DD. DD was pretreated by transformation of FFA and TG to fatty acid ethyl esters and vacuum distillation at 1.3 mbar, \leq 200 °C. The obtained mixture was then crystallized under wide range of operating conditions. Sterols (84%) with purity of 36% was obtained at the optimized condition (mass ratio of solvent to preconcentrated mixture at 4, cooling rate of -20 °C/h to -5 °C, ripening time = 22 h, 2.5 wt% of ethanol in hexane). An alternative method to directly isolate sterols from FAME matrices without vacuum distillation at high temperature was used to prevent dissociation of sterols and reduce energy consumption of the overall recovery process¹². Crystallization was performed in FAME and the obtained solid was washed with hexane. Another 35–42% of sterols were recovered from sunflower oil DD at the best condition of crystallization (-5 °C, 24 h). Although these approaches have been successfully applied to recover sterols from DDs, the processes face major problem of extensive energy requirement; vacuum distillation is usually operated at 1×10^{-3} to 1.33 mbar and 140–300 °C to vaporize large quantity of the undesired compounds^{8–10} and cold crystallization is usually operated at low temperature (-20 to 15 °C)^{6,7,13}.

Adsorption-desorption was considered as an alternative method for sterol recovery^{14–16}. Activated carbon, carbonaceous pyropolymer or magnesium silicate could be used as adsorbents and chlorobenzene, toluene or methyl-t-butyl ether could be used as desorbents. By applying this adsorption-desorption, sterols were successfully recovered from feed mixtures with wide range of sterol concentrations (14–84 wt%), with high recovery portion (50–95%). The obtained sterols had reasonably high purity (58–78%), or even as high as 95% when the feed mixture was appropriately pretreated by liquid-liquid extraction.

In this study, styrene-divinylbenzene copolymer anion-exchange resins with different functional groups, a strong base resin (SB-R) with quaternary amine group and a weak base resin (WB-R) with both quaternary and tertiary amine groups, were considered as attractive adsorbents based on their chemical resistance and simplicity of operation. The main objective of this study was to investigate behaviour of sterol adsorption on these resins. Although there are several types of sterols (i.e., campesterol, stigmasterol and β -sitosterol) in PFAD, a model solution of stigmasterol in *n*-heptane was used to avoid competitive adsorptions of these sterols and the difficulty in data interpretation. Isothermal batch adsorption was performed to evaluate adsorption capacities of both resins and kinetics of sterol adsorption were further evaluated based on pseudo-first-order and pseudo-second-order models. In addition, adsorption data at equilibrium were analysed based on Langmuir, Freundlich and linear isotherms and three important thermodynamics parameters (i.e. Gibb's free energy change: ΔG , enthalpy change: ΔH and entropy change: ΔS) were calculated. Finally, the adsorption behaviour was discussed based on the calculated thermodynamics parameters.

MATERIALS AND METHODS

Materials

To comparatively evaluate performance of phytosterol adsorption on a weak base and a strong base adsorbents, styrene-divinylbenzene copolymer anion-exchange resins with quaternary amine (Lewatit Monoplus MP 800) and tertiary-quaternary amine (Lewatit Monoplus MP 68) functional groups provided by Lanxess were selected as representatives of a weak and a strong base ion exchange resins (WB-R and SB-R), respectively. Table 1 summarizes the characteristic properties of these two adsorbents. To remove moisture from the adsorbents,

the adsorbents were dried in an oven at 60 °C under vacuum condition for 6 h and stored in a desiccator before being used in adsorption experiment. Prior to the adsorption experiment, the adsorbents were washed with *n*-propanol and *n*-hexane.

Stigmasterol supplied by Tama Biochemical Co. Ltd. and *n*-heptane (AR grade) supplied by Apex Chemicals Co. Ltd. were used in the preparation of a model solution of phytosterol containing mixture. Cholesterol supplied from Sigma-Aldrich Inc. was used as an internal standard (ISTD) in quantitative analysis of stigmasterol. HPLC grade organic solvents (methanol, acetonitrile and water supplied from RCI Labscan Ltd. and acetic acid supplied from Merck Ltd.) were used in the quantification of stigmasterol without purification.

Batch adsorption

To study kinetics, isotherm and thermodynamics of stigmasterol adsorptions on WB-R and SB-R, isothermal batch adsorption were performed using a model solution of stigmasterol in *n*-heptane. Adsorption temperature and stigmasterol concentration were varied in the ranges of 298–313 K and 0.3–6.0 mg/g_{sol}, respectively. The model solution (50 ml) and the adsorbent (5 wt%) were heated and shaken in an orbital shaker (4000ic; IKA) at 200 rpm for 2 h. Before and after the adsorption, samples (200 μl) were taken and filtered through a 0.45 μm nylon filter and used for the quantitative analysis of stigmasterol content.

Quantitative analysis

The content of stigmasterol in the sample was analysed using a high performance liquid chromatograph (HPLC) equipped with a UV detector. An injection valve connected with a sample loop (20 μl) was used to introduce the sample into the HPLC. Peak separation was achieved using a reverse-phase column (Inertsil C8-3; 5 μm particle diameter, 250 mm length, 4.6 mm i.d., GL Sciences Inc). Composition of mobile phase and condition of analysis were adapted from the work reported¹⁷. Mobile phase was a mixture of acetonitrile (85%), methanol (5%), and water containing 1% of acetic acid (10%). The analysis was performed at the flowrate of 1.3 ml/min at the wavelength of 210 nm. It should be noted that the sample obtained from the batch adsorption experiment was not completely dissolved in the mobile phase, therefore methanol was used as a solvent in HPLC analysis. Cholesterol was used as an internal standard.

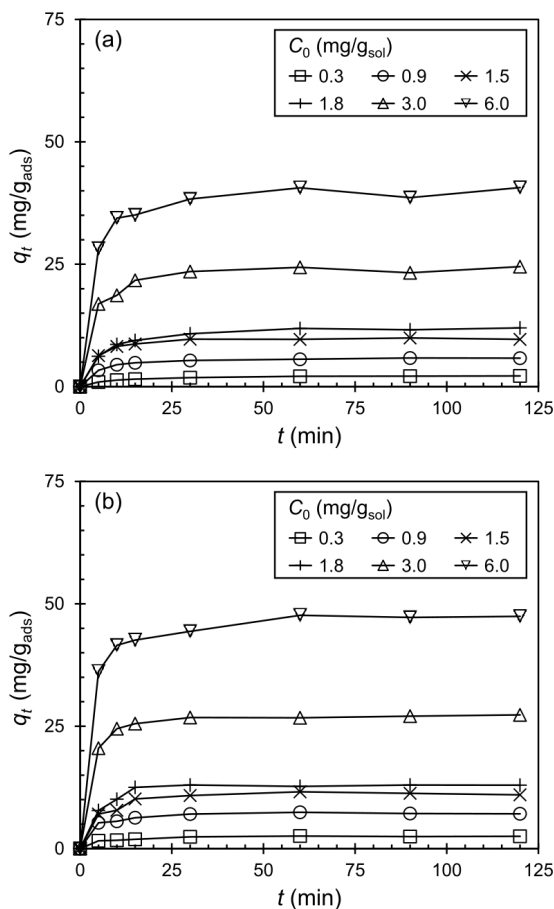


Fig. 1 Adsorption capacities of stigmasterol on (a) SB-R and (b) WB-R versus adsorption time at 303 K and 5 wt% of adsorbent loading for various initial stigmasterol concentrations.

Amount of stigmasterol adsorbed on the adsorbent at time t (q_t) was calculated according to Eq. (1)

$$q_t = \frac{(C_0 - C_t)W_{\text{sol}}}{W_{\text{ads}}}, \quad (1)$$

where C_0 and C_t are liquid-phase concentration of stigmasterol at initial and at time t , respectively. W_{sol} is the weight of the solution and W_{ads} is the weight of adsorbent used.

RESULTS AND DISCUSSION

Adsorption capacities

Fig. 1 shows time dependences of adsorption capacity of SB-R and WB-R at 303 K and 5 wt% of adsorbent loading for various initial concentrations of stigmasterol. For both SB-R and WB-R cases, adsorption rapidly occurred in the initial period and af-

ter 5 min of adsorption the rate of adsorption gradually decreased while the adsorption equilibrium was approached. In the tested range, adsorption reached the equilibrium within 30 min for all the initial concentrations. Comparison of the profiles obtained at different initial concentrations revealed that the rates of adsorption on both resins increased with the increase of concentration of stigmasterol. This observation could be explained as a result of the increase of concentration leading to increase in the driving force to overcome overall mass transfer resistance of adsorption process¹⁸. By increasing the initial concentration of stigmasterol from 0.3–6.0 mg/g_{sol}, in the case of SB-R, the adsorption capacity at the equilibrium (q_e) increased from 2.15–39.96 mg/g_{ads}. On the other hand, in the case of WB-R, q_e increased from 2.51–47.44 mg/g_{ads}. The adsorption capacity at the equilibrium of WB-R was approximately 1.2 times higher than SB-R.

Adsorption kinetics

To study the kinetics of adsorption, the experimental data were comparatively analysed based on pseudo-first-order and pseudo-second-order models which are expressed as Eqs. (2) and (3), respectively^{19,20}.

$$\frac{dq_t}{dt} = k_1(q_e - q_t) \tag{2}$$

$$\frac{dq_t}{dt} = k_2(q_e - q_t)^2 \tag{3}$$

q_e and q_t are the amounts of stigmasterol adsorbed at equilibrium and at time t , respectively. k_1 and k_2 are the adsorption rate constant of pseudo-first-order and pseudo-second-order model, respectively. Linearized forms of these two models obtained by integrating Eqs. (2) and (3) with the boundary conditions of $q_t = 0$ at $t = 0$ and $q_t = q_t$ at t are expressed as Eqs. (4) and (5), respectively.

$$\ln(q_e - q_t) = \ln q_e - k_1 t, \tag{4}$$

$$\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{1}{q_e}. \tag{5}$$

Linear plots corresponding to pseudo-first-order and pseudo-second-order models for SB-R are shown in Fig. 2(a) and Fig. 2(b), respectively. The parameters, k and q_e , of each model were calculated from the slope and the y-intercept of the corresponding linear plot and summarized in Table 2. As shown in the table, the correlation coefficients (R^2) of pseudo-second-order model were higher than those of pseudo-first-order model for all conditions. The

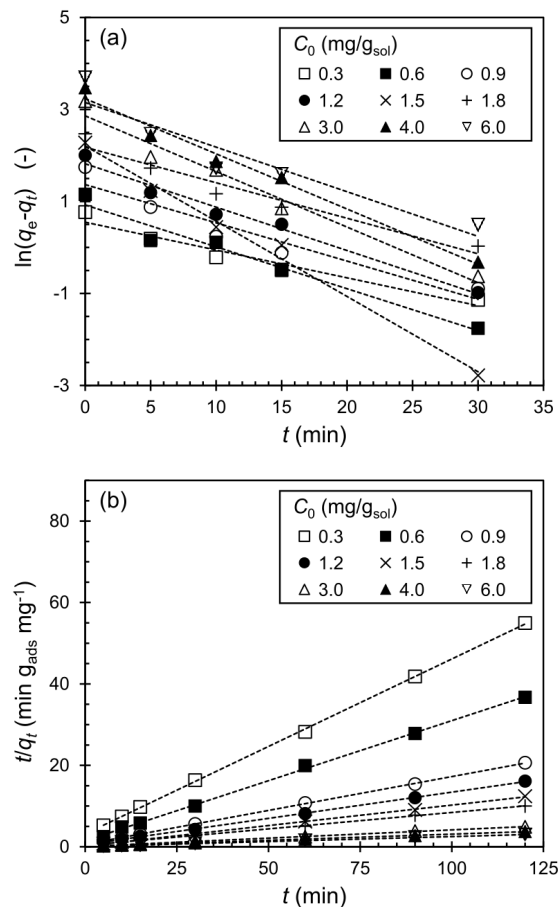


Fig. 2 Linear plots of (a) pseudo-first-order and (b) pseudo-second-order kinetics models for SB-R at 303 K and 5 wt% of adsorbent loading for various initial stigmasterol concentrations.

lowest value of R^2 obtained from pseudo-second-order model was 0.9986 while the highest value of R^2 obtained from pseudo-first-order model was 0.9899. Furthermore, $q_{e,cal}$ from pseudo-second-order model agreed reasonably well with $q_{e,exp}$ ($\Delta q_e < 8\%$) while pseudo-first-order model could not well predict the value of $q_{e,exp}$. Based on the correlation coefficients and Δq_e , pseudo-second-order model was selected to describe the kinetics of stigmasterol adsorption on SB-R. In the case of adsorption on WB-R, similar linear plots corresponding to the two kinetics models were obtained, as shown Fig. 3. The calculated parameters of each model were also summarized in Table 2. The results revealed that R^2 of pseudo-second-order model was higher than R^2 of pseudo-first-order model and Δq_e of pseudo-second-order was less than Δq_e of

Table 2 Kinetic parameters of stigmasterol adsorptions on SB-R and WB-R at 303 K with different initial concentrations.

Adsorbents	C_0 (mg/g _{sol})	$q_{e,exp}$ (mg/g _{ads})	Pseudo-first-order			Pseudo-second-order				
			k_1 (min ⁻¹)	$q_{e,cal}$ (mg/g _{ads})	Δq_e (%)	R^2	k_2^\dagger	$q_{e,cal}^\circ$	Δq_e (%)	R^2
SB-R	0.3	2.1529	0.0605	1.7319	19.6	0.9475	0.0585	2.3272	7.5	0.9997
	0.6	3.1703	0.0911	2.5199	20.5	0.9628	0.0588	3.3898	6.5	0.9988
	0.9	5.7515	0.0832	3.9240	31.8	0.9121	0.0446	6.0168	4.4	0.9998
	1.2	7.4262	0.0943	6.1688	16.9	0.9804	0.0312	7.7640	4.4	0.9996
	1.5	9.7616	0.1637	9.0948	6.8	0.9899	0.0531	9.9502	1.9	0.9993
	1.8	11.8279	0.0772	8.8401	25.3	0.9413	0.0179	12.4069	4.7	0.9994
	3.0	24.0448	0.1209	17.4842	27.3	0.9694	0.0175	24.6914	2.6	0.9986
	4.0	32.1690	0.1200	25.4191	21.0	0.9829	0.0121	33.0033	2.5	0.9995
	6.0	39.9560	0.0970	23.3617	41.5	0.8892	0.0115	40.8163	2.1	0.9987
WB-R	0.3	2.5126	0.0984	2.1308	15.2	0.9607	0.1012	2.6001	3.4	0.9984
	0.6	4.8633	0.2711	7.5210	35.3	0.9765	0.1199	4.9628	2.0	0.9998
	0.9	7.2292	0.1151	5.1841	28.3	0.9623	0.0787	7.2939	0.9	0.9990
	1.2	8.8029	0.0635	5.0957	42.1	0.7450	0.0405	8.9445	1.6	0.9973
	1.5	11.2957	0.1059	8.6331	23.6	0.9437	0.0377	11.4286	1.2	0.9979
	1.8	12.8865	0.2255	15.5615	17.2	0.9333	0.0348	13.2450	2.7	0.9994
	3.0	27.0299	0.1458	16.2031	40.1	0.9529	0.0263	27.5482	1.9	0.9999
	4.0	29.4413	0.1429	15.4113	47.7	0.9208	0.0429	29.5858	0.5	0.9997
	6.0	47.4444	0.0792	22.2202	53.2	0.7337	0.0115	48.3092	1.8	0.9998

$^\dagger = g_{ads} \text{ mg}^{-1} \text{ min}^{-1}$; $^\circ = \text{mg}/g_{ads}$

Table 3 Parameters and correlation coefficients for Langmuir, Freundlich and linear models for isotherms of stigmasterol adsorption on SB-R and WB-R.

Models		Langmuir: $q_e = \frac{q_m K_{La} C_e}{1 + K_{La} C_e}$			Freundlich: $q_e = K_F C_e^{1/n}$			Linear: $q_e = K_{Li} C_e$	
Lin. Eqn.; Par		$\frac{C_e}{q_e} = \frac{1}{K_{La} q_m} + \frac{1}{q_m} C_e$; K_{La} , q_m			$\log q_e = \log K_F + \frac{1}{n} \log C_e$; K_F , $1/n$			$q_e = K_{Li} C_e$; K_{Li}	
Adsorbents	T (K)	K_{La}°	q_m^b	R^2	K_F^\dagger	$1/n$	R^2	$K_{Li}^\#$	R^2
SB-R	298	-0.0094	-1,250.0	0.0055	12.11	1.0690	0.9698	11.91	0.8822
	303	-0.0552	-153.8	0.2036	9.30	1.1333	0.9794	10.09	0.9438
	308	-0.0524	-158.7	0.1732	9.12	1.1131	0.9744	9.89	0.9121
	313	-0.0491	-131.6	0.1356	7.10	1.0337	0.9510	7.88	0.9752
WB-R	298	0.0104	1,250.0	0.0142	12.83	0.9727	0.9887	12.87	0.9797
	303	0.0613	238.1	0.2782	13.48	0.9258	0.9836	12.34	0.9557
	308	-0.0785	-114.9	0.3173	10.25	1.1785	0.9845	11.53	0.9589
	313	-0.0452	-212.8	0.1966	10.35	1.0721	0.9811	11.20	0.9611

Units: $^\circ = g_{sol}/mg$; $^b = mg/g_{ads}$; $^\dagger = mg^{(n-1)/n} g_{sol}^{1/n} g_{ads}^{-1}$; $^\# = g_{sol}/g_{ads}$.

pseudo-first-order for all conditions. Hence pseudo-second-order model was selected as the suitable model for describing the kinetics of stigmasterol adsorption on WB-R as well.

For both SB-R and WB-R cases, k_2 depended on the initial concentration of stigmasterol (C_0). When C_0 was increased from 0.3–6.0 mg/g_{sol}, $k_{2,SB-R}$ decreased from 0.0585 to 0.0115 while $k_{2,WB-R}$ decreased from 0.1012 to 0.0115 g_{ads} mg⁻¹ min⁻¹. This dependence of k_2 on initial concentration was previously reported in several adsorption

systems^{21–23}. Theoretically analysis by Azizian²⁴ clearly showed that k_2 is not an intrinsic rate constant of adsorption, but it is a complex function of adsorption rate constant, desorption rate constant and initial concentration of adsorbate.

Adsorption isotherm

Adsorption isotherm was investigated at 298, 303, 308, and 313 K and discussed based on the data taken after 1 h of adsorption, which were reasonably considered as the performance at the equilibrium of

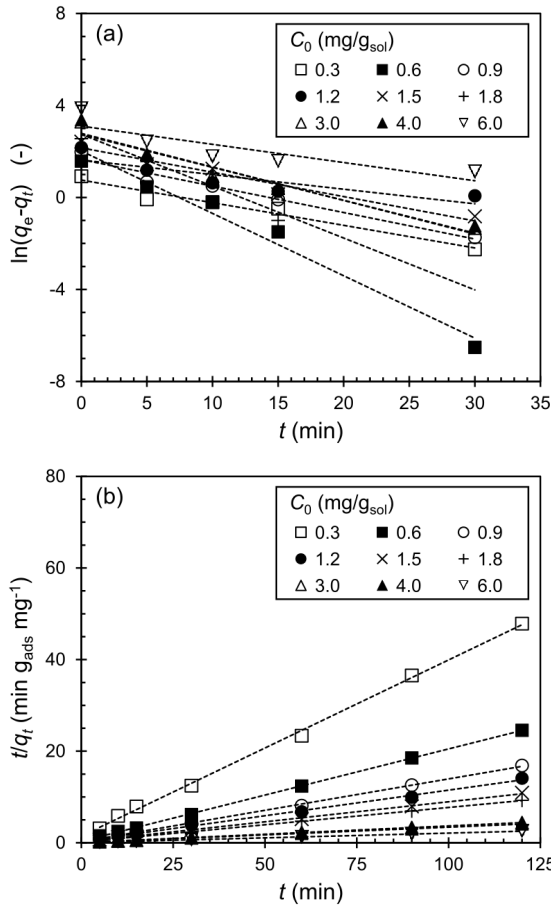


Fig. 3 Linear plots of (a) pseudo-first-order and (b) pseudo-second-order kinetics models for WB-R at 303 K and 5 wt% of adsorbent loading for various initial stigmasterol concentrations.

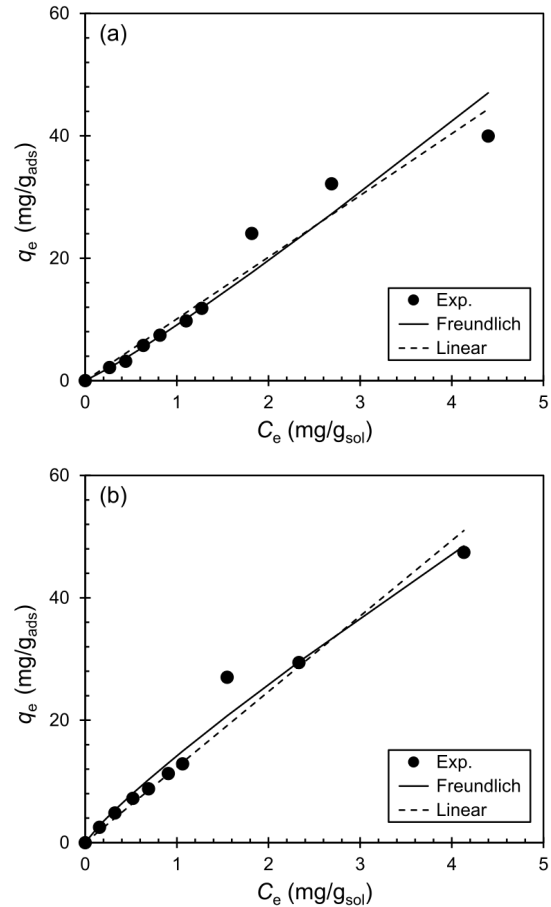


Fig. 4 Dependences of q_e on C_e calculated using Freundlich and linear model comparing with the experimental data for adsorption of stigmasterol on (a) SB-R and (b) WB-R, ($T = 303\text{ K}$, adsorbent loading = 5 wt%).

adsorption according to the discussion in section of adsorption capacities. Fig. 4 shows dependence of adsorption capacity at the equilibrium (q_e) on concentration of stigmasterol at the equilibrium (C_e) at 303 K. For both SB-R and WB-R, in the tested range of C_e , q_e increased with C_e and saturation of adsorption were not observed. Fig. 5 shows effect of temperature on q_e for various initial concentrations. For both SB-R and WB-R, q_e decreased when the temperature was increased. This result indicated that stigmasterol adsorption was exothermic for both SB-R and WB-R cases. It should be noted that this dependence was significant in the case of high initial concentration and became less significant when the initial concentration was lower.

Equilibrium adsorption data were analysed based on Langmuir, Freundlich and linear isotherm

models using the corresponding linearized form of each model, listed in Table 3. Langmuir model was considered as an inappropriate model for prediction of isotherm of stigmasterol adsorption for both SB-R and WB-R since the value of R^2 was extremely low, the obtained q_m (saturated adsorption capacity) and K_{La} (Adsorption equilibrium constant in Langmuir model, g_{sol}/mg) were negative, which had no physical meaning for adsorption process. Since R^2 of Freundlich model were larger than R^2 of linear model for all conditions, excepting SB-R at 313 K, Freundlich model was considered as the most suitable model to be used to predict the performance of adsorption at the equilibrium for both SB-R and WB-R. However, it should be noted that the calculated values of $1/n$ were nearly equal to 1 for all conditions, indicating that the concentration of

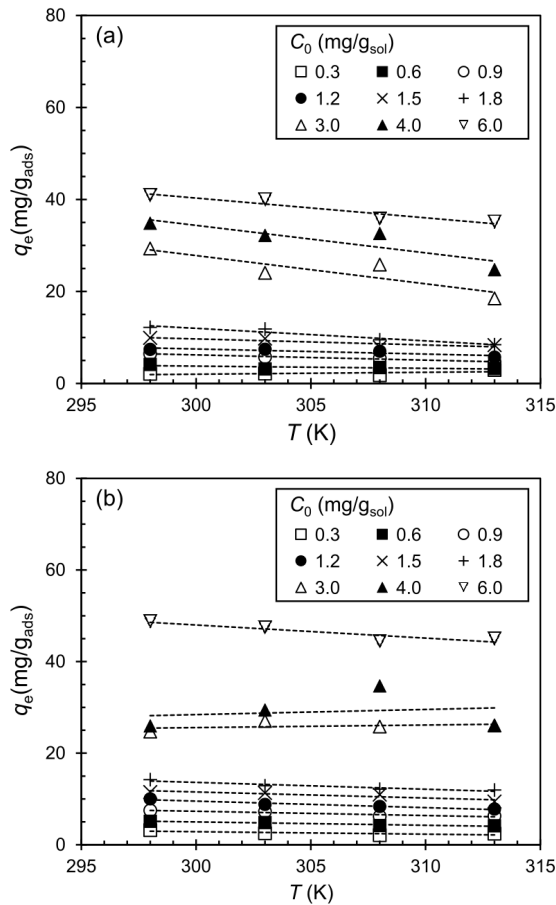


Fig. 5 Effect of temperature on the adsorption capacity of (a) SB-R and (b) WB-R at the equilibrium (q_e) for various initial stigmasterol concentrations, ($T = 298\text{--}313$ K, adsorbent loading = 5 wt%).

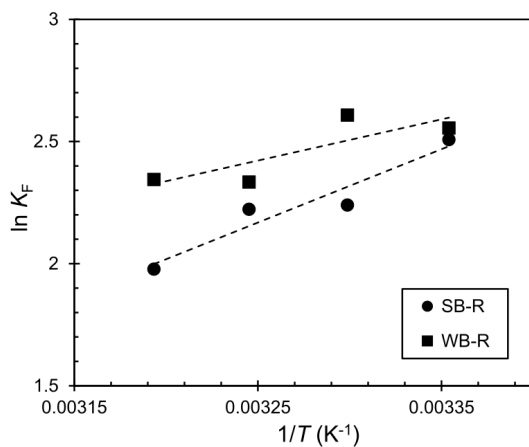


Fig. 6 Plot of $\ln K_F$ versus $1/T$ for SB-R and WB-R.

stigmasterol in overall tested range in this study was low and the adsorption behaved like linear model. In addition, for both SB-R and WB-R cases, the calculated K_F (Adsorption equilibrium constant in Freundlich model $mg^{(n-1)/n} g_{sol}^{1/n} g_{ads}^{-1}$) decreased when the temperature of adsorption was increased.

Fig. 4 shows good resemblances of the calculated curves and the experimental data for both Freundlich and linear models. Similar plots (not shown) were obtained at the other temperatures (298, 308, and 313 K) and showed good resemblances of the calculated curves and the experimental data, as well. In the case of SB-R (Fig. 4(a)), nonlinear regression analysis was performed for both Freundlich and linear models and gave the same R^2 (0.9438). Based on regression analysis, Freundlich model was the most suitable model for prediction of effect of C_e on q_e in the tested range of $0 < C_e < 4.5$ mg/g_{sol} and $298 < T < 313$ K.

In the case of WB-R, similar results were obtained. Fig. 4(b) shows that both models show good resemblances of the calculated curves and the experimental data, as well. Regression analysis revealed that Freundlich model was slightly better than linear model (Freundlich model: $R^2 = 0.9706$; linear model: $R^2 = 0.9557$). Hence Freundlich model was also the most suitable model for prediction of effect of C_e on q_e in stigmasterol adsorption on WB-R.

Adsorption thermodynamics

To obtain useful information for the design of adsorption process, thermodynamics parameters of adsorption (Gibb's free energy change: ΔG , enthalpy change: ΔH and entropy change: ΔS) were evaluated for both SB-R and WB-R cases. Based on the discussion in section of adsorption isotherm, adsorption equilibrium constants at various temperatures were calculated using Freundlich model and ΔG and ΔS were calculated using Eqs. (6) and (7), respectively.

$$\Delta G = -RT \ln K_F \quad (6)$$

$$\ln K^F = \frac{\Delta S}{R} - \frac{\Delta H}{RT} \quad (7)$$

By performing linear regression analysis of the plot between $\ln K_F$ and $1/T$, (Fig. 6), enthalpy change (ΔH) and entropy change (ΔS) were calculated from the slope and the y-intercept of the obtained straight line. As summarized in Table 4, for both SB-R and WB-R, adsorption had negative values of ΔG , ΔH , and ΔS . The negative value of ΔG indicates

Table 4 Thermodynamics parameters of stigmasterol adsorptions on SB-R and WB-R.

<i>T</i> (K)	SB-R			WB-R		
	ΔG (kJ/mol)	ΔH (kJ/mol)	ΔS (kJ mol ⁻¹ K ⁻¹)	ΔG (kJ/mol)	ΔH (kJ/mol)	ΔS (kJ mol ⁻¹ K ⁻¹)
298	-6.22			-6.20		
303	-5.65			-6.43		
308	-5.69	-24.97	-0.06	-5.85	-14.03	-0.03
313	-5.15			-5.97		

that the adsorption is spontaneous and feasible. The increase of ΔG with respect to temperature indicates that the adsorption is more favourable at lower temperatures²⁵. Since the calculated values of ΔG for both SB-R and WB-R cases were in the range of -20 to 0 kJ/mol, stigmasterol adsorption on SB-R and WB-R could be considered as physical adsorption²⁶. The negative value of ΔH indicates that the adsorption is exothermic and agreed well with the effect of temperature on adsorption capacity at the equilibrium discussed in section of adsorption isotherm. Comparison of ΔH_{SB-R} (-24.97 kJ/mol) and ΔH_{WB-R} (-14.03 kJ/mol) indicates that the interaction between stigmasterol and SB-R is stronger than the interaction between stigmasterol and WB-R. The negative value of ΔS indicates associative adsorption and decrease of the randomness between the solid/liquid interface due to the adsorption^{27,28}.

CONCLUSIONS

Analysis of kinetics, isotherm and thermodynamics of stigmasterol adsorption on commercial anion exchange styrene-divinylbenzene resin with strong and weak base functional group (SB-R and WB-R) revealed that both SB-R and WB-R were promising for separation of phytosterols from sterol containing mixture. Adsorption capacity at equilibrium of stigmasterol on WB-R was higher than SB-R. The adsorption rate of phytosterols on SB-R and WB-R could be described by pseudo-second-order kinetics model. Equilibrium data was well fitted with Freundlich isotherm ($R^2 \geq 0.9510$) and better than Langmuir and linear isotherm models. The thermodynamics parameters indicated that the adsorption on both resins were exothermic and spontaneous processes.

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